

# Chronicles

*News and Information for all onboard events*

**SUNDAY, MARCH 22, 2026**

EN ROUTE TO TOKYO, JAPAN

**DRESS CODE: ELEGANT CASUAL**

On casual evenings, ladies may opt for trousers, a blouse, a skirt, or a casual dress, while gentlemen may wear an open-collar shirt and dress pants. A jacket is optional. After 6:00 p.m., indoor spaces prohibit jeans, shorts, hats, caps, sneakers or flip flop type footwear. Casual wear is always suitable in outdoor venues. Gentlemen dining at La Dame are required to wear a jacket.

**TODAY'S WEATHER**

*Mostly sunny*

**High: 59°F 15°C**

**Low: 55°F 13°C**



## AT SEA

*Aboard Silver Moon*

# YOUR OPINION IS IMPORTANT TO US

At Silversea, we continually strive to enhance your journey with us. Your feedback is invaluable in helping us achieve this.

As your voyage is coming to an end, we are pleased to announce our new digital voyage questionnaire, powered by Medallia, which you can complete at home. After your voyage, all guests over the age of 18 who have provided us with their email address will receive an email invitation from **SilverseaCruises@express.Medallia.com** to participate in a brief online survey.

We deeply appreciate your feedback and thank you for being an integral part of the Silversea experience.



## SIGNATURE BRUNCH AT SEA

A SPECIAL CULINARY EXPERIENCE

▶ FROM 8:00 A.M. TO 1:30 P.M.  
LA TERRAZZA, DECK 7

Indulge in a gourmet brunch at sea. Enjoy an exquisite buffet of pastries and savory delights, crafted by our master chef with the finest ingredients. Savor every bite amid refined ambiance, impeccable service, and breathtaking ocean views. More than a meal—it's a culinary journey.



## SPA SERVICES

THE SPA TASTER

▶ 8:00 A.M. - 7:00 P.M.  
ZĀGARA SPA, DECK 6

Enjoy a Limited-Time Special!

Indulge in a 25-minute aromatherapy massage followed by a 25-minute facial.



## ALBERTO COLLECTION

YOUR LAST OPPORTUNITY TO SAVE

▶ BOUTIQUE, DECK 8

Indulge yourself in the exquisite allure of the Alberto Collection, as today marks your final opportunity to acquire meticulously handcrafted masterpieces at extraordinary savings. Visit our Guest Jeweler to view the Alberto Collection in the boutique today.



## MOTOWN

TONIGHT'S SHOW

▶ 6:15 P.M.  
VENETIAN LOUNGE, DECK 5

Join Silversea Singers in an upbeat, fast-paced performance featuring this iconic music style, alongside our Silversea Dancers with some stylish moves. Let us transport you back to the renowned Motown era, with memorable music ranging from the Supremes to the Temptations.



# ALASKA

AWAY FROM EVERYTHING,  
CLOSE TO THE SUBLIME

THE LUXURY OF CHOICE <sup>SM</sup>

Choose from easy-to-personalize fare options – each offering our all-inclusive, onboard experience.

Just say the word 'Alaska', and you are already brimming with excitement. Culture over 20,000 years old. Miles and miles of wild, unspoiled nature. A never-setting summer sun. To call Alaska awe-inspiring is no overstatement. With glaciers the size of skyscrapers, bears as big as buses and snow-capped mountains that stretch high into the heavens, Alaska is an outdoor enthusiast's dream. Our cruises offer a chance to go beyond boundaries.

Save 5% on Future voyages when you book on board



▶ Your Future Cruise Team Joshua and Katerina will assist you with any booking inquiries, office located on deck 5

## BLACKJACK TOURNAMENT



▶ CASINO, DECK 7

Ready to play like a pro? Join our onboard Blackjack Tournament! Test your skills against fellow players for the ultimate thrill. New to the game or a seasoned champ—everyone's welcome! Stop by the Casino, grab your seat, and let the cards decide. Entry fee applies—are you in? Relish the grandeur and embrace the exhilaration.

# Sunday, March 22, 2026

Sunrise 5:57 a.m. • Sunset 6:00 p.m.

## MORNING ACTIVITIES

|       |   |                               |
|-------|---|-------------------------------|
| 7:30  | <b>Live! ATP 1000 Tennis</b> Miami Day 4 *  | In-suite TV (CH Sport 24)     |
| 8:00  | <b>Signature Brunch:</b> Savor an elevated morning experience with our Signature Brunch (until 1:30 p.m.)                               | La Terrazza (7)               |
| 8:00  | Health Seminar: Fab Abs with your Fitness Instructor  | Fitness Center (6)            |
| 8:00  | Spa Presents: Shop your favorite beauty product and we ship it to your home (until 10:00 p.m.)  | Zàgara Spa (6)                |
| 8:30  | Today's Silver Quiz, Crossword and Sudoku are ready! Please return the Quiz to Reception by 3:00 p.m.                                   | Arts Café (8) / Reception (5) |
| 9:00  | Shuffleboard is available for your enjoyment (weather permitting)   | Portside (9)                  |
| 9:00  | Table Tennis is available for your enjoyment  | Panorama Lounge (9)           |
| 9:00  | Cards, Board Games and Jigsaws are available—join fellow guests to organize games (unhosted)  | Observation Lounge (11)       |
| 10:00 | Celebration of Women and Mother's: Featuring mother and fine jewelry designer, Sydney Evan  | Boutique (8)                  |
| 10:00 | <b>S.A.L.T. Lab Class:</b> Dive into hands-on culinary experiences in our S.A.L.T. Lab. Reservation required                            | S.A.L.T. Lab (4)              |
| 10:00 | Sudoku Challenge with your Cruise Staff and fellow guests   | Arts Café (8)                 |
| 10:00 | <b>Destination Lecturer Presentation with Jon Fleming: Tokyo</b> - The World's Most Futuristic Mega-Metropolis                          | Venetian Lounge (5)           |
| 10:00 | <b>Beginner Bridge Lesson</b> with Resident Bridge Instructors Janet and Paul: Learn the basics of bridge with our friendly instructors | S.A.L.T. Kitchen (4)          |
| 10:30 | Health Seminar: Improve Walking in Comfort  | Fitness Center (6)            |
| 11:00 | Japanese Language Lesson: Learn new languages in this fun, interactive sessions with your Cruise Staff                                  | Dolce Vita (5)                |
| 11:00 | <b>Intermediate Bridge Lesson</b> with Resident Bridge Instructors Janet and Paul: Advance your bridge skills with expert instruction   | S.A.L.T. Kitchen (4)          |
| 11:00 | <b>Enrichment Lecture with Tracy Fleming:</b> Discover some amazing tips and tricks   | Venetian Lounge (5)           |
| 11:15 | Table Tennis Tournament with your Cruise Staff: Show off your skills in a lively table tennis tournament!                               | Panorama Lounge (9)           |
| 11:30 | Mileage Pool with your Cruise Staff - Guess the ship's mileage and win prize points!  | Pool Deck (10)                |

## AFTERNOON ACTIVITIES

|       |   |   |
|-------|---|---|
| 12:00 | Nautical and weather information announcement by <b>Captain Iulian Albici</b>   | P.A. System in Public Areas & In-suite TV Channel 4 |
| 1:00  | <b>S.A.L.T. Lab Class:</b> Dive into hands-on culinary experiences in our S.A.L.T. Lab. Reservation required  | S.A.L.T. Lab (4)                                    |
| 1:30  | <b>Duplicate Bridge Play</b> with Resident Bridge Instructors Janet and Paul: Test your skills in duplicate bridge with expert guidance   | S.A.L.T. Kitchen (4)                                |
| 1:30  | <b>Bean Bag Toss – Officers vs Guests:</b> Toss, score, and compete against officers in a fun bean bag toss match   | Panorama Lounge (9)                                 |
| 2:00  | <b>Enrichment Lecturer Presentation with Steve Friedman:</b> Cities of the world as a backdrop  | Venetian Lounge (5)                                 |
| 2:00  | <b>Food &amp; Beverage Concierge Desk:</b> Assist with all dining inquiries and reservations (until 5:00 p.m.)  | Dolce Vita (5)                                      |
| 2:30  | Scavenger Hunt with your Cruise Staff: Find clues, solve tasks, and race to the finish!   | Dolce Vita (5)                                      |
| 2:30  | <b>Art Classes with Resident Art Instructor Susan Gamble:</b> An Exhibition of the art created by guests  | Dolce Vita (5)                                      |
| 2:30  | Dance Class with your Gentleman Hosts Rickey & JB   | Panorama Lounge (9)                                 |
| 3:00  | <b>Enrichment Lecturer Presentation with Simon Roser:</b> The Art of harmony  | Venetian Lounge (5)                                 |
| 3:00  | Golf Putting with your Cruise Staff: Practice precision and aim as you sink putts in a fun onboard golf challenge!  | Lobby (4)   |
| 3:00  | Participate in our exclusive Blackjack Tournament alongside our expert Casino Staff. An entry fee is required   | Casino (7)  |
| 3:30  | Spa Presents: Medi-Spa - Go Home Looking Ten Years Younger  | Zàgara Spa (6)                                      |
| 3:30  | Health Seminar: Individualized Personal Training (fee applies)  | Fitness Center (6)                                  |
| 4:00  | <b>S.A.L.T. Lab Class:</b> Dive into hands-on culinary experiences in our S.A.L.T. Lab. Reservation required  | S.A.L.T. Lab (4)                                    |
| 4:00  | <b>Bingo:</b> Join the fun and play bingo for prizes and laughs with Assistant Cruise Director Nina!  | Dolce Vita (5)                                      |
| 4:30  | Spa Presents: Complimentary tongue and pulse analysis   | Zàgara Spa (6)                                      |
| 4:45  | <b>Team Trivia!</b> Test your knowledge and teamwork in our fun trivia challenge with <b>Cruise Director Zaid!</b>  | Dolce Vita (5)                                      |
| 5:30  | <b>Prize Point Redemption</b> with your Cruise Staff Team (until 6:30 p.m.)<br>Many activities this voyage awarded points for participation. You can redeem any of these points for prizes, if you would like to hold onto the prize points we can also issue a certificate to use on your next Silversea voyage. After 6:30 p.m., prize point redemption will be available at the Reception Desk on Deck 5 | Dolce Vita (5)                                      |
| 5:30  | Interdenominational Service (unhosted)  | Silver Note (7)                                     |

## EVENING ACTIVITIES

## DRESS CODE: ELEGANT CASUAL

|       |  |                                 |
|-------|--|---------------------------------|
| 6:15  | <b>Farewell Showtime! Motown</b> with Silversea Singers and Dancers, followed by Crew Parade and farewell speech by <b>Captain Iulian Albici</b> | Venetian Lounge (5)             |
| 6:15  | Silver Moon Band performs for your enjoyment   | Panorama Lounge (9)             |
| 6:15  | Piano Entertainer Finn performs for your enjoyment   | Dolce Vita (5)                  |
| 6:30  | Solo Travelers Get Together: Meet fellow solo travelers in a warm and welcoming social gathering with your Gentleman Hosts Rickey & JB           | Panorama Lounge (9)             |
| 7:00  | <b>Live! LIV Golf</b> South Africa Round 4 *   | In-suite TV (CH Sport 24 Extra) |
| 8:00  | Jazz Duo Kim and Didi perform live Jazz for your enjoyment   | Silver Note Bar (7)             |
| 9:00  | Guitarist Felipe plays Instrumental songs for your enjoyment   | Dolce Vita (5)                  |
| 9:00  | Latin Night with Silver Moon Band and <b>Cruise Director Zaid</b>  | Panorama Lounge (9)             |
| 9:00  | <b>Big Screen Movie: The Bucket List</b>   2007   PG-13   1h37m   Comedy/Adventure   | Venetian Lounge (5)             |
| 9:15  | <b>Chocolate Extravaganza:</b> Indulge in rich, velvety chocolates, sample decadent treats, and enjoy a magical evening                          | Dolce Vita (5)                  |
| 9:45  | Piano Entertainer Finn performs for your enjoyment   | Dolce Vita (5)                  |
| 10:45 | Disco Night with DJ Wendy  | Panorama Lounge (9)             |

\* Reception permitting and times are estimates. The full sports schedule is available at Reception



# ALL DAY DINING

## BREAKFAST

### ATLANTIDE (DECK 4)

À la Carte 7:30 a.m. – 9:00 a.m.

### LA TERRAZZA (DECK 7)

Silver Moon **Signature Brunch**: 8:00 a.m. – 1:30 p.m.  
Lunch selections available from 11:00 a.m.

## LUNCH

### ATLANTIDE (DECK 4)

À la Carte 12:00 p.m. – 1:30 p.m.

### KAISEKI (DECK 4)

À la Carte 12:00 p.m. – 2:00 p.m.

### THE GRILL (DECK 10) \*

À la Carte 12:00 p.m. – 3:30 p.m.

## OPEN ALL DAY

### ARTS CAFÉ (DECK 8)

Light Snacks 6:30 a.m. – 11:00 p.m.

### SPACCANAPOLI (DECK 11)

À la Carte Pizza 11:00 a.m. – 11:00 p.m.

\* Weather permitting  
\*\* Reservations required

## IN-SUITE DINING

24-hour  
The menu is available on the TV.  
To place your order please contact your butler or call extension 500. In-Suite Dining is also available in other public areas when our dining venues are not open for service.

## DINNER

*As a courtesy to your fellow guests please respect the times of your dinner reservation.*

### ATLANTIDE (DECK 4)

À la Carte 6:00 p.m. – 8:30 p.m.

### S.A.L.T. KITCHEN (DECK 4)

À la Carte 6:30 p.m. – 9:00 p.m.

### KAISEKI (DECK 4) \*\*

À la Carte 6:30 p.m. – 9:00 p.m.  
*A dining fee per person applies*

### LA TERRAZZA (DECK 7) \*\*

À la Carte 6:30 p.m. – 9:00 p.m.

### SILVER NOTE (DECK 7) \*\*

À la Carte 6:30 p.m. – 9:00 p.m.

### LA DAME (DECK 8) \*\*

À la Carte 6:30 p.m. – 9:00 p.m.  
*Gentlemen: Jacket required*  
*A dining fee per person applies*

### THE GRILL (DECK 10) \*/\*\*

À la Carte 6:30 p.m. – 9:00 p.m.

*Should you wish to cancel a reservation at any of our specialty dining venues, kindly do so no later than 24 hours prior to your reservation time. Cancellations made after this period will incur the full cover charge per person.*

## BAR HOURS

|                        |                               |
|------------------------|-------------------------------|
| 6:30 a.m. – 11:00 p.m. | Arts Café (Deck 8)            |
| 9:00 a.m. – 10:30 p.m. | Pool Bar * (Deck 10)          |
| 10:00 a.m. – late      | Panorama Lounge (Deck 9)      |
| 10:00 a.m. – late      | Dolce Vita (Deck 5)           |
| 5:30 p.m. – late       | S.A.L.T. Bar (Deck 4)         |
| 6:00 p.m. – 10:00 p.m. | Observation Library (Deck 11) |
| 6:30 p.m. – late       | Silver Note (Deck 7)          |

\* Weather permitting

# SERVICES

## SHORE CONCIERGE DESK | DECK 5 EXT. 551

9:00 a.m. – 12:00 p.m. | 4:00 p.m. – 7:30 p.m.

## GUEST RELATIONS MANAGER | DECK 5 EXT. 555

8:00 a.m. – 12:00 p.m. | 4:00 p.m. – 8:00 p.m.

## FUTURE CRUISE SALES | DECK 5

Please dial 60515/80509 or consult your suite ITV to request an appointment.  
8:00 a.m. – 12:00 p.m. | 2:00 p.m. – 6:00 p.m.

## ZÀGARA SPA | DECK 6

Dial 600 for appointments.  
7:00 a.m. – 10:00 p.m.

## SAUNA & STEAM ROOM | DECK 6

7:00 a.m. – 10:00 p.m.

## FITNESS CENTER | DECK 6

5:00 a.m. – 10:00 p.m.  
*Ages 16-17 permitted with guardian.*

## CASINO | DECK 7

Slots: 10:00 a.m.  
Tables: 1:00 p.m.  
*Age restriction: over 18 to use the facilities.*

## BOUTIQUES | DECK 8

9:30 a.m. – 11:00 p.m.  
Toiletries and other essential items are available for purchase upon request in the Boutique or through your Butler.  
Dial 555 (Reception) for assistance.

## POOL & JACUZZIS | DECK 10

7:00 a.m. – 8:00 p.m.

## MEDICAL CENTER | DECK 3 EXT. 10333

Dial during clinic hours.  
9:30 a.m. – 11:00 a.m. | 4:00 p.m. – 5:30 p.m.  
Medical assistance is also available by appointment.  
Dial 555 (Reception) after hours.  
Emergency service is available 24 hours a day.  
*Please use the Forward elevator or Forward stairs to reach the clinic.*

**Kindly ask about charges prior to consultation.**

## VIEW YOUR EXPENSES

Kindly note that your on board expenses can be reviewed anytime on the interactive TV system in your suite. A printed copy of the final statement will be delivered to your suite on the night before your disembarkation.

**IN THE EVENT OF AN  
EMERGENCY PLEASE DIAL 999**