SILVERSEA EXPEDITIONS

CHRONICLES



SILVER WIND

THURSDAY, 20 MARCH 2025

ANCHOR OFF

FORTUNA BAY, SOUTH GEORGIA Arrival: 7:30 Departure: 12:00

ANCHOR OFF STROMNESS, SOUTH GEORGIA Arrival: 14:00 Departure: 18:30

TODAY'S WEATHER

Partly Sunny High: 11°C / 52°F Low: 2°C / 36°F

KING PENGUINS

King penguins are the second largest of the penguin species (after the Emperor penguin), on average they are around 15kg (33lb) and 95cm (3.1ft) high.

Like many penguins, fully grown but unfledged chicks can appear to be larger than the adult birds. They were sometimes known as "woolly penguins" by the early explorers and sealers as the thick brown down of the juveniles looks like wool on sheep. Some even thought they were a separate species, an impression strengthened by their complex breeding season meaning there are almost always chicks around at all times of the year.

King penguins have colourful feathers around their necks and heads, this makes them the brightest of all the species of penguin, there is an estimated world population of 2 million breeding pairs with some estimates up to 3.2 million.King penguins live on sub-Antarctic islands dotted around the continent from about 46° to 55° South where they form huge colonies on slopes with a nearby beach for access to the sea. King penguin colonies are occupied all the year round either by the chicks or the adults. Non-breeding birds may be found far from their

home colony, particularly in the region of the Antarctic convergence and other places of upwelling (such as oceanic sea-mounts and islands) where there are good concentrations of fish and squid to be found that they feed upon.Major colonies are found on Crozet, Prince Edward Island, Kerguelen Island, Heard Island, South Georgia and Macquarie Island. Two subspecies are recognized:

King penguins don't make a nest, not even the perfunctory small pile of stones that other penguin species go for. Instead, they lay only one egg at a time and carry it around on their feet covered with a flap of abdominal skin called the brood patch. It is looked after in this manner for the whole of the average 55 day incubation period, being shuffled from one parent to the other every 6-18 days. When relieved of the egg, that parent then goes off to sea on an extended food foraging trip.Upon hatching, the chicks continue to be protected on the parents feet and the brood patch for another 30-40 days after which time, they are large enough to be able to regulate their temperature for themselves. It can still be a wait of many days, 3-14 between parents swapping duties, so the chick has to wait some considerable time between feeds.

THE CHEF & THE SOMMELIER

EXQUISITE WINES FROM OUR CONNOISSEUR'S WINE LIST WITH A GOURMET LUNCH.

Join *Silver Wind* Executive Chef Pia and Head Sommelier Maria, **on 24 March, in La Dame,** on this exclusive opportunity to experience the art of wine and food pairing.

Due to limited space, reservations are required and a fee per person is applicable.

The Head Sommelier and Reception will assist in all the details. Should you wish to cancel your reservation for the wine tasting, please note that you must do so **by the latest 23 March before 16:00**, otherwise, the full wine tasting fee per person will be billed to your Guest Account.



ROYAL GEOGRAPHICAL SOCIETY

ART FOR YOUR HOME ON SILVERSEA

We are delighted to announce that a display of rare and historically important maps, photographs and other beautiful images from the Royal Geographical Society, with Institute of British Geographers are now being exhibited throughout the ship.

All images and prints are available for purchase at a privileged price on-board the ship via the portal

www.ArtOnSilversea.com, and delivered directly to your address.



NORTH SAILS

THE BOUTIQUES ABOARD SILVERSEA

AT 13:45 AT AVAILABLE IN THE BOUTIQUE, DECK 5

North Sails is the Worldwide leader in Sailmaking. Designed and constructed by North Sails' industry experts using the best

performing materials and highest quality components. GORE-TEX[®] PRO is the only sophisticated membrane that's durably waterproof and breathable - stopping the wearer from becoming damp inside their kit during active periods, which then cools and chills during calmer moments. Crucially GORE-TEX[®] PRO is entirely windproof, protecting for longer against an icy breeze. Everything you need on-the-water and off. Go North. Go Beyond

SIGNATURE SPECIAL

TREATMENTS TO SUIT YOUR NEEDS

THE ZÀGARA BEAUTY SPA, DECK 9

Today only, book and receive any of our signature services and receive 20% off. Whether it is one of our soothing full-body massages or an indulgent ELEMIS facial, we have a treatment to suit your needs.

LA DAME



DECK 4

The Grande Cuisine Francaise on board. Experience the pinnacle of French fine dining, where timeless culinary traditions harmoniously blend with contemporary creativity. La Dame stands as a custodian of the esteemed principles of Grande Cuisine française, a legacy crafted by the illustrious chefs of Louis XIV's court. This heritage is lovingly nurtured by a brigade trained in the finest of houses, who invite you to take part in an extraordinary gastronomic journey. Delight in a symphony of rich, balanced flavors, whether through meticulously designed tasting menus or à la carte offerings, all complemented by an exquisite selection of wines.

Please contact Maitre d' Outlet to secure your seat.

EXCLUSIVE 10% ONBOARD SAVINGS

Capture the excitement of the moment and invest in your future adventures with our limited-time 10% Onboard Savings (usually 5%) on selected Ocean-going or Expedition sailing in 2025 (excluding World Cruises and Grand Voyages).

Discover stunning destinations such as the Mediterranean, Caribbean, Kimberley, Arctic, Alaska, Australia and New Zealand–all waiting for you. Combinable with our Door-to-Door, Port-to-Port and Essential fares, the value is extraordinary and the opportunity is available only when you book onboard now.

Offer expires on April 30 2025.

Visit our Future Cruise Manager Joshua today to secure!



For more information, please contact your Future Cruise Manager Joshua on Deck 6, or extension 8871.

THURSDAY, 20 MARCH 2025 SUNRISE 6:25 • SUNSET 18:36

IMPORTANT NOTICE: BIRD STRIKES

Please be advised that we will be darkening the ship during the night in order to avoid any bird strikes. We ask you to take extra care when walking on the outer decks after dark as all lights will be minimized. The blinds and curtains will be drawn in all public areas as well as in your suite. We thank you for your cooperation and understanding.

MORNING ACTIVITIES

7:30	<i>Silver Wind</i> will anchor off Fortuna Bay, South Georgia We recommend you dress warmly and in your waterproof gear. Remember to carry your suite key card when going ashore. Kindly listen for announcements and only proceed to the mudroom (3) once your group has been called.	
7:30	Fitness Class: Pure Form Pilates with Fitness Instructor Shyleen (sign-up required)	Dolce Vita (5)
8:00	Approx. disembarkation for a wet landing: Zodiac Groups 4 followed by 5 and 6	Departs from Deck (3)
8:00	Spa Special: say "bon voyage" to tired feet! Enjoy a soothing foot and ankle massage. Make your appointment soon (until 22:00)	The Zàgara Spa (9)
8:30	Today's Silver Quiz, Crossword Puzzle and Sudoku are available (Return the Silver Quiz to Reception by 15:00 - prize points for the most accurate quiz that is returned earliest)	Panorama Lounge (8)
9:30	Approx. disembarkation for a wet landing: Zodiac Groups 1 followed by 2 and 3	Departs from Deck (3)
11:30	Complimentary Foot and Posture Analysis	Fitness Centre (9)
11:30	Last Zodiac	
11:45	Team Trivia: join your Entertainment Hostess Chloë for this Daytime Activity	Panorama Lounge (8)
AFTE	RNOON ACTIVITIES	

12:00	Silver Wind will sail for our next destination
14:00	Silver Wind will anchor off Stromness, South Georgia
	We recommend you dress warmly and in your waterproof gear. Remember to carry your suite key card when going ashore.
	Kindly listen for announcements and only proceed to the mudroom (3) once your group has been called.
14:30	Approx. disembarkation for all guests who signed-up for Hike's to Shackleton's Waterfall (sign-up sheet at expedition desk)
15:00	Approx. disembarkation for all guests who signed-up for landing at Stromness Harbour (sign-up sheet at expedition desk)
15:30	Approx. disembarkation for all guests who signed-up for a Zodiac Cruise to Leith and Stromness Harbour

EVENING ACTIVITIES – DRESS CODE: ELEGANT CASUAL

(sign-up sheet at expedition desk)

18:00	Cocktail hour with Guitarist Nicolas. Cocktail of the day: Southside Fizz	Dolce Vita (5)
18:00	Pianist Florandy performs live for your listening pleasure	Panorama Lounge (8)
18:00	Last Zodiac	
18:15	Recap and Briefing with your Expedition Team	The Show Lounge (6)
18:30	Silver Wind will sail for our next destination	
19:00	Boutique Presents: visit the boutique to view the stylish and contemporary designed silver jewellery sets from Hubert jewellery, perfect for those last minute gifts for loved ones! All of Hubert's designs are tax and duty free and exempt from US customs charges. Ask in-store for details.	The Boutique (5)
19:00	Solo Travellers Get Together with Fellow Guests (unhosted)	Panorama Lounge (8)
20:30	Pianist Florandy returns for your listening pleasure	Panorama Lounge (8)
21:30	Pianist Florandy performs live for your listening pleasure	Dolce Vita (5)
21:30	Nicolas's acoustic guitar performance will take you on a nostalgic journey through the songs you cherish, all infused with his unique Paraguayan flair. Which features a delightful mix of classic hits and contemporary tunes.	Panorama Lounge (8)

Departs from Deck (3)

Departs from Deck (3)

Departs from Deck (3)



ALL DAY DINING

BREAKFAST

ROOM SERVICE 6:00 – 10:00 PANORAMA LOUNGE (DECK 8) Early Riser 6:00 – 11:00

THE RESTAURANT (DECK 4) À la Carte 8:00 – Last Seating 9:30

LA TERRAZZA (DECK 7) Buffet 6:30 – 9:30

PANORAMA LOUNGE (DECK 8) Bouillon 11:00 – 13:00

LUNCH

THE RESTAURANT (DECK 4) À la Carte 12:00 – Last Seating 13:30

LA TERRAZZA (DECK 7) Buffet 12:00– 14:00

THE GRILL (DECK 8) ** 12:00 – Last Seating 15:00

TEATIME

LA TERRAZZA (DECK 7) 16:00 – 17:00

IN-SUITE DINING 24-HOUR

Available from the In Suite Dining Menu on your ITV. To place your order please contact your butler or call extension 8815.

In Suite Dining is also available in other public areas when our dining venues are not open for service.

DINNER

As a courtesy to your fellow guests please respect the times of your dinner reservation.

THE RESTAURANT (DECK 4) À la Carte 18:30 – Last Seating 21:00

LA TERRAZZA (DECK 7) * À la Carte 18:30 – Last Seating 21:00

THE GRILL (DECK 8) * / ** **Closed** (due to wildlife protection throughout South Georgia)

LA DAME (DECK 4) * À la Carte 18:30 – Last Seating 21:00 A dining fee per person applies.

Should you wish to cancel your reservation at La Dame, please note that you must do so by latest 14:00 on the day of the reservation, otherwise the full cover fee, per person, will be billed to your Guest Account.

- * For dinner reservations, please dial 800 during dining hours. Reservations recommended
- ** Weather permitting

OPEN 24 HOURS

OBSERVATION LOUNGE (DECK 9) A perfect spot to gaze over the sea.

BAR HOURS

10:00 - 19:00 10:00 - 19:30 20:30 - until late 10:00 - 19:30 20:30 - until late 18:00 - until late Pool Bar ** (Deck 8) Panorama Lounge (Deck 8) Panorama Lounge (Deck 8) Connoisseur's Corner / The Humidor (Deck 8) Connoisseur's Corner / The Humidor (Deck 8) Dolce Vita (Deck 5)

At Silversea Cruises, we take maximum food precautionary measures to ensure the safest quality product is offered to our guests; Worldwide Public Health Services advise that consuming raw or undercooked meats, seafood, shellfish, eggs, milk, or poultry may increase your risk of food-borne illness, especially if you have certain medical conditions.

STAY HEALTHY

Please help us to help you stay healthy by using the hand sanitizers at the gangway before boarding the ship in each of the ports of call. Take advantage of the hand sanitizers around the ship. Stay healthy and enjoy your cruise experience!

SERVICES

POOL* | DECK 8 8:00 - 19:00 *Weather permitting

JACUZZI* | DECK 8 8:00 - 19:00 *Weather permitting

ZÀGARA SPA | DECK 9 BEAUTY SALON

Dial 8824 for appointments. 8:00 - 20:00* *Later appointments until 22:00 available on request.

FITNESS CENTRE* | DECK 9

7:00 – 21:30 *Limited spaces available for classes. *Age restriction: over 18 to use the facilities.16–18 allowed in with guardian.

SAUNA & STEAM ROOM | DECK 9 8:00 - 20:00

FUTURE CRUISE MGR | DECK 6

9:00 – 12:00 | 16:00 – 19:00 Please dial 8871 to arrange a private appointment or consult your suite ITV to request an appointment.

EXPEDITION DESK | DECK 6

Please note that during Expedition Activities the desk will not be staffed.

GUEST RELATIONS MGR | DECK 6

Dial 800 for assistance. 8:00 - 12:00 | 16:00 - 19:00

BOUTIQUES | DECK 5

13:00 – 15:30 | 19:00 – 22:00 Toiletries and other essential items are available for purchase upon request in the Boutique or through your Butler.

PHOTO STUDIO | DECK 5

Use Mac and Windows computers with Photoshop and Lightroom at the Photo Studio at anytime. Photo printers and photo-retail are also available

MEDICAL CENTRE* | DECK 3

Dial 2151 during clinic hours. 8:00 – 9:00 | 17:00 – 18:00 Dial 8800 (Reception) after hours. Medical assistance available 24 hours. *Kindly inquire for charges prior to consultation.

IN THE EVENT OF AN EMERGENCY PLEASE DIAL 911